

## Spotlight



This month Inlet Coastal Resort would like to shine a special spotlight on Jack Brown. Jack moved to Inlet Coastal Resort in January of 2016. He was born in Marion County, South Carolina. Growing up he was raised with 2 brothers and 2 sisters. He worked as a radio broadcaster for 32 years. He was married and had 2 sons. Jack is very humorous and enjoys visiting with old and new friends. He is very interested in politics and can always tell you what is going on in the news. We look forward spending time with this excellent man and are lucky to have him here with us.



This month Inlet Coastal Resort would like to shine a special spotlight on Tiffany Anderson. Tiffany was voted Employee of the Quarter for her excellent personality and willingness to go the extra mile for the residents and guests. She was born in Georgetown South Carolina, and was raised with 13 other siblings in Oatland County. She now has 3 children of her own and has been a Caregiver and Med-Tech for over 2 years. We enjoy the love and cheer that Tiffany spreads throughout the community.

## August Birthdays

In astrology, those born between August 1–22 are Lions of Leo. Leos are natural-born leaders: confident, charismatic, creative, and warmhearted. Leos also use their humor and loyalty to bring people together to work for a common cause. Those born between August 23–31 are Virgo Virgins. Virgos are one of the most careful signs of the zodiac. They pay attention to detail, analyze problems, and plan so as to leave nothing to chance. These amazing listeners give excellent advice.

Herman Melville (author) – August 1, 1819  
 Tony Bennett (singer) – August 3, 1926  
 Lucille Ball (comedienne) – August 6, 1911  
 Dustin Hoffman (actor) – August 8, 1937  
 Alex Haley (author) – August 11, 1921  
 Julia Child (chef) – August 15, 1912  
 Roberto Clemente (ballplayer) – August 18, 1934  
 Al Roker (meteorologist) – August 20, 1954  
 Gene Kelly (actor) – August 23, 1912  
 Mother Teresa (humanitarian) – Aug. 26, 1910  
 Michael Jackson (musician) – August 29, 1958  
 Buddy Hackett (comedian) – August 31, 1924

Residents

**Betty G. 8/05**  
**Eleanor D. 8/11**  
**Ellen B. 8/19**  
**Carmella L. 8/23**  
**Esther D. 8/31**

Staff

**Abby B. 8/04**  
**Beverly G. 8/06**  
**Jan B. 8/17**  
**Zalaka J. 8/19**  
**Willette D. 8/29**

# Inlet Coastal Resort

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## An Indian Thanksgiving

Around the world, August heralds the start of annual harvest festivals, when farmers begin to reap the delicious rewards of the summer growing season. Perhaps there is no place that celebrates the harvest with more joy and enthusiasm than the state of Kerala on India's Malabar Coast. For 10 days each August, Kerala celebrates *Onam* and gives thanks for the return of the god king Mahabali.

Hindu legend states that under Mahabali's rule, Kerala flourished with great prosperity, and he was beloved by all. He was so popular that the other gods became jealous and decided to overthrow him. However, when Mahabali showed reverence to the gods, they granted him one wish, that once a year he could return to his kingdom of Kerala. This is why, during Onam, the people of Kerala prepare for Mahabali's return and enjoy the prosperity of the harvest.

The first day of Onam, known as *Atham*, involves visiting temples and preparing for the arrival of Mahabali. One of the most significant preparations is the *Pookalam*, a beautiful and elaborate carpet made out of multicolored flowers, a sort of Mahabali welcome mat. Each day flowers are added to the Pookalam, and it grows and grows. On the fourth day, known as *Visakam*, families begin their preparation of the grand feast that is held on the last day. For the next five days, locals engage in various merriments. Snake boat races are held on the river Pampa. Each massive boat is oared by hundreds of paddlers while massive crowds line the river. Men play various traditional games known as *Onakalikal*. Competitors vie for archery and wrestling titles, while others play a game similar to dodgeball, except that players use their feet to move the ball. On the tenth and final day, King Mahabali arrives for the feast of *Onasadya*, which requires the preparation of a nine-course meal including 13 essential dishes. This is the culmination of a 10-day cultural tour-de-force, the ultimate expression of Kerala's blessed history.

## Celebrating August

### Happiness Happens Month

#### Read a Romance Novel Month

**Watermelon Day**  
*August 3*

**Farmers' Market Week**  
*August 5–11*

**Garage Sale Day**  
*August 11*

**Mail Order Catalog Day**  
*August 18*

**Senior Citizens Day**  
*August 21*

**Toasted Marshmallow Day**  
*August 30*