

Regular	No Restriction	Primary				
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast						
Assorted Juices Breakfast Casserole Biscuit Margarine & Jelly Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Scrambled Eggs Breakfast Ham Red Eye Gravy Biscuit Margarine & Jelly Grits Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Scrambled Eggs Sausage, Bacon Or Ham Pancakes, French Toast - - Or Waffle Table Syrup Margarine Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Scrambled Eggs Sausage, Bacon Or Ham Potatoes Ketchup Grits Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Scrambled Eggs Biscuit with Sausage - - Gravy Grits Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Scrambled Eggs Sausage, Bacon Or Ham Pancakes, French Toast - - Or Waffle Table Syrup Margarine Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper	Assorted Juices Scrambled Eggs Sausage, Bacon Or Ham Cinnamon Roll Assorted Hot Or Cold - - Cereal Choice of Milk Hot Beverage of Choice Sugar & Creamer Salt & Pepper
Lunch						
Shrimp & Grits Parmesan Baked Tomatoes Corn Bread Margarine Lemon Meringue Pie Choice of Milk Beverage of Choice Salt & Pepper	Chili Con Carne Corn Bread Margarine Fresh Fruit Cup Choice of Milk Beverage of Choice Salt & Pepper	Baked Pork Chop Red Eye Gravy Herbed Rice Pilaf Capri Blend Vegetables Corn Bread Margarine Apple Pie Choice of Milk Beverage of Choice Salt & Pepper	Fried Chicken Macaroni & Cheese Seasoned Turnip Greens Biscuit Margarine Cinnamon Pears Choice of Milk Beverage of Choice Salt & Pepper	Broccoli & Rice - - Casserole Corn Bread Margarine Seasonal Fresh Fruit Choice of Milk Beverage of Choice Salt & Pepper	Fried Fish Tartar Sauce Fried Okra Winter Squash Medley Hush Puppies Margarine Fall Fruit Parfait Choice of Milk Beverage of Choice Salt & Pepper	Sliced Turkey Poultry Gravy Buttered Noodles Green Beans Corn Bread Margarine Sweet Potato Pie Choice of Milk Beverage of Choice Salt & Pepper
Dinner						
Baked Chicken Corn Bread Stuffing Brussels Sprouts Biscuit Margarine Fresh Fruit Choice of Milk Beverage of Choice Salt & Pepper	Tomato Soup Grilled Cheese Sandwich Breaded Vegetable - - Sticks Homemade Cookie Choice of Milk Beverage of Choice Salt & Pepper	Tuna Noodle Casserole Mixed Vegetables Biscuit Margarine Citrus Fruit Cup Choice of Milk Beverage of Choice Salt & Pepper	Sloppy Joe on Bun Corn Cole Slaw Fruit Cobbler Choice of Milk Beverage of Choice Salt & Pepper	Baked Ham Baked Sweet Potato Margarine Parslied Cauliflower Corn Bread Margarine Cheesecake Choice of Milk Beverage of Choice Salt & Pepper	Country Fried Steak Country Gravy Mashed Potatoes California Blend - - Vegetables Biscuit Margarine Banana Pudding Choice of Milk Beverage of Choice Salt & Pepper	Cheese Pizza Steamed Broccoli Tossed Salad Salad Dressing Fresh Fruit Cup Choice of Milk Beverage of Choice Salt & Pepper

Entrees: Grilled Chicken Breast, Grilled Chicken Sandwich, Chicken Chef Salad, Tuna Salad, Tuna Salad Sandwich, Egg Salad, Egg Salad Sandwich, Grilled Cheese Sandwich, Pimiento Cheese Sandwich, Peanut Butter & Jelly Sandwich
Sides: Soup of the Day, Vegetable of the Day, Tossed Salad with Dressing, Fresh Fruit Cup

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Lunch						
Pot Roast with Gravy Whipped Potatoes Steamed Baby Carrots Biscuit Margarine Red Velvet Cake with - - Cream Cheese Frost Choice of Milk Beverage of Choice Salt & Pepper	Ravioli with Marinara - - Sauce Italian Flat Beans Garlic Breadstick Chocolate Mousse Choice of Milk Beverage of Choice Salt & Pepper	Meatloaf Creamed Corn Capri Blend Vegetables Biscuit Margarine Carrot Cake with Cream - - Cheese Frosting Choice of Milk Beverage of Choice Salt & Pepper	Baked Pork Chop Baked Sweet Potato Margarine California Blend - - Vegetables Corn Bread Margarine Pumpkin Pie Choice of Milk Beverage of Choice Salt & Pepper	Chicken & Waffles Succotash Vegetables Seasoned Greens Fresh Fruit Choice of Milk Beverage of Choice Salt & Pepper	Baked Fish Fillet Lemon Wedge Cauliflower Au Gratin Roasted Vegetables Biscuit Margarine Lemon Bar Choice of Milk Beverage of Choice Salt & Pepper	Apple Glazed Roast Pork Garlic Mashed Potatoes Green Beans Corn Bread Margarine Fall Fresh Fruit Medley Choice of Milk Beverage of Choice Salt & Pepper
Dinner						
Pinto Beans Seasoned Turnip Greens Vinegar Corn Bread Margarine Mixed Berry Cup Parfait Choice of Milk Beverage of Choice Salt & Pepper	Shrimp Creole Steamed Rice Grilled Vegetable - - Medley Corn Bread Margarine Citrus Fruit Cup Choice of Milk Beverage of Choice Salt & Pepper	Tomato Soup Grilled Ham & Cheese - - Sandwich Marinated Cucumber & - - Onions Cinnamon Pears Choice of Milk Beverage of Choice Salt & Pepper	Tuna Croquettes Tartar Sauce Baked Tomato Half Biscuit Margarine Pineapple with Whipped - - Topping Choice of Milk Beverage of Choice Salt & Pepper	Vg Stir Fry with Rice Oriental Vegetables Egg Roll Coconut Macaroon Choice of Milk Beverage of Choice Salt & Pepper	Turkey Pot Pie Pickled Beets Corn Bread Margarine Fresh Fruit Choice of Milk Beverage of Choice Salt & Pepper	Hamburger Casserole Steamed Squash Biscuit Margarine Homemade Cookie Choice of Milk Beverage of Choice Salt & Pepper

Entrees: Grilled Chicken Breast, Grilled Chicken Sandwich, Chicken Chef Salad, Tuna Salad, Tuna Salad Sandwich, Egg Salad, Egg Salad Sandwich, Grilled Cheese Sandwich, Pimiento Cheese Sandwich, Peanut Butter & Jelly Sandwich
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Lunch						
Chicken Marsala Wild Rice Pilaf Seasoned Spinach Biscuit Margarine Pumpkin Cheesecake Choice of Milk Beverage of Choice Salt & Pepper	Tuna Noodle Casserole Parmesan Baked Tomatoes Corn Bread Margarine Tropical Fruit Cup Choice of Milk Beverage of Choice Salt & Pepper	Baked Ham Scalloped Potatoes Seasoned Greens Corn Bread Margarine Seasonal Fresh Fruit Choice of Milk Beverage of Choice Salt & Pepper	Spaghetti with Meat - - Sauce Tossed Salad Salad Dressing Garlic Bread Apple Crisp Choice of Milk Beverage of Choice Salt & Pepper	Crispy Fried Chicken Macaroni & Cheese Garlic Green Beans Corn Bread Margarine Fruit Cobbler Choice of Milk Beverage of Choice Salt & Pepper	Beef Taco Casserole Corn with Red Peppers Biscuit Margarine Mandarin Oranges Choice of Milk Beverage of Choice Salt & Pepper	Fried Shrimp Tartar Sauce Squash Casserole Grilled Vegetable - - Medley Hush Puppies Margarine Pineapple with Whipped - - Topping Choice of Milk Beverage of Choice Salt & Pepper
Dinner						
Tomato Soup Grilled Pimento Cheese - - Sandwich Breaded Vegetable - - Sticks Cinnamon Baked Apple - - Slices Choice of Milk Beverage of Choice Salt & Pepper	Beef Stew with Potato - - & Vegetables Corn Bread Margarine Cinnamon Pears Choice of Milk Beverage of Choice Salt & Pepper	Vegetable Soup Grilled Chicken Breast - - Sandwich Mayonnaise Tomato & Lettuce Leaf Homemade Cookie Choice of Milk Beverage of Choice Salt & Pepper	Herb Baked Fish Lemon Wedge Mashed Sweet Potatoes Brussels Sprouts Biscuit Margarine Citrus Fruit Cup Choice of Milk Beverage of Choice Salt & Pepper	Smothered Pork Chop Rice Turnip Greens Corn Bread Margarine Fresh Fruit Cup Choice of Milk Beverage of Choice Salt & Pepper	Sliced Turkey Poultry Gravy Corn Bread Stuffing California Blend - - Vegetables Biscuit Margarine Sweet Potato Pie Choice of Milk Beverage of Choice Salt & Pepper	Cheese Tortellini with - - Marinara Sauce Tossed Salad Salad Dressing Garlic Breadstick Chocolate Cake Choice of Milk Beverage of Choice Salt & Pepper

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Lunch						
Garlic Herb Pork - - Tenderloin Corn Bread Stuffing Brussels Sprouts Biscuit Margarine Cheesecake Choice of Milk Beverage of Choice Salt & Pepper	Beef Stroganoff Buttered Noodles Steamed Baby Carrots Biscuit Margarine Red Velvet Cake Choice of Milk Beverage of Choice Salt & Pepper	Turkey Pot Pie Seasoned Beets Biscuit Margarine Homemade Cookie Choice of Milk Beverage of Choice Salt & Pepper	Three Bean Chili Corn Bread Margarine Fruit Crisp Choice of Milk Beverage of Choice Salt & Pepper	Shepherd's Pie Green Peas Biscuit Margarine Pudding Parfait Choice of Milk Beverage of Choice Salt & Pepper	Baked Fish Fillet Lemon Wedge Roasted Potatoes Sauteed Zucchini & - - Squash Blend Corn Bread Margarine Tropical Fruit Cup Choice of Milk Beverage of Choice Salt & Pepper	Chicken Bog Capri Blend Vegetables Biscuit Margarine Fruit Crisp Choice of Milk Beverage of Choice Salt & Pepper
Dinner						
Chicken & Dumplings Garden Salad Salad Dressing Corn Bread Margarine Mixed Berry Cup Parfait Choice of Milk Beverage of Choice Salt & Pepper	Vegetable Soup Tuna Salad in A - - Croissant Tomato & Lettuce Leaf Marinated Cucumber & - - Onions Mandarin Orange Fluff Choice of Milk Beverage of Choice Salt & Pepper	Hamburger Casserole Italian Blend - - Vegetables Corn Bread Margarine Seasonal Fresh Fruit Choice of Milk Beverage of Choice Salt & Pepper	Tomato Soup Grilled Ham & Cheese - - Sandwich Breaded Vegetable - - Sticks Cinnamon Baked Apple - - Slices Choice of Milk Beverage of Choice Salt & Pepper	Turkey Tetrazzini with - - Noodles Mixed Vegetables Corn Bread Margarine Fresh Fruit Cup Choice of Milk Beverage of Choice Salt & Pepper	Entree of Choice Starch of Choice Vegetable of Choice Assorted Breads Margarine Dessert of Choice Choice of Milk Beverage of Choice Salt & Pepper	Crab Cakes Tartar Sauce Corn Mixed Greens Salad Salad Dressing Hush Puppies Margarine Citrus Fruit Cup Choice of Milk Beverage of Choice Salt & Pepper

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Lunch						
Beef Burgandy Buttered Noodles Steamed Baby Carrots Biscuit Margarine Mixed Berries Choice of Milk Beverage of Choice Salt & Pepper	Pork Fried Rice Oriental Vegetables Egg Roll Cinnamon Pears Choice of Milk Beverage of Choice Salt & Pepper	Fried Chicken Macaroni & Cheese Turnip Greens Corn Bread Margarine Chocolate Brownie Choice of Milk Beverage of Choice Salt & Pepper	Baked Ham Roasted Root Vegetables Parslied Cauliflower Biscuit Margarine Fruit Pie Choice of Milk Beverage of Choice Salt & Pepper	Salisbury Steak Herbed Rice Pilaf Sauteed Mushrooms Corn Bread Margarine Banana Pudding Choice of Milk Beverage of Choice Salt & Pepper	Fried Fish Tartar Sauce Potato Wedges Ketchup Grilled Vegetable - - Medley Hush Puppies Margarine Lemon Cake Choice of Milk Beverage of Choice Salt & Pepper	Italian Chicken Pasta California Blend - - Vegetables Garlic Bread Margarine Pumpkin Cheesecake Choice of Milk Beverage of Choice Salt & Pepper
Dinner						
Shepherds Turkey Pie Green Peas Corn Bread Margarine Fruit Crisp Choice of Milk Beverage of Choice Salt & Pepper	Hamburger Mayonnaise Mustard Tomato & Lettuce Leaf French Fries Ketchup Marinated Cucumber & - - Onions Homemade Cookie Choice of Milk Beverage of Choice Salt & Pepper	Tuna Croquettes Tartar Sauce Sweet Potato Fries Grilled Vegetable - - Medley Hush Puppies Margarine Citrus Fruit Cup Choice of Milk Beverage of Choice Salt & Pepper	Cheese Tortellini with - - Marinara Sauce Italian Blend - - Vegetables Garlic Breadstick Margarine Fresh Fruit Choice of Milk Beverage of Choice Salt & Pepper	Grilled Chicken Breast - - Sandwich Mayonnaise Tomato & Lettuce Leaf Breaded Vegetable - - Sticks Cole Slaw Mixed Berries Choice of Milk Beverage of Choice Salt & Pepper	Pepperoni Pizza Baked Breaded Zucchini - - Sticks Tossed Salad Salad Dressing Fresh Fruit Cup Choice of Milk Beverage of Choice Salt & Pepper	Sloppy Joe on Bun Tater Tots Ketchup Corn Seasonal Fresh Fruit Choice of Milk Beverage of Choice Salt & Pepper

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