

# SOUTHERN FLARE

FALL/WINTER MENU 3RD WEEK 2020-2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Breakfast</i> Assorted Hot or Cold Cereal Breakfast Casserole Biscuit Assorted Beverages	<i>Breakfast</i> Assorted Hot or Cold Cereal Scrambled Eggs Breakfast Ham Red Eye Gravy Biscuit Assorted Beverages	<i>Breakfast</i> Assorted Hot or Cold Cereal Scrambled Eggs Sausage, Bacon or Ham Pancakes, French Toast or Waffle Assorted Beverages	<i>Breakfast</i> Assorted Hot or Cold Cereal Scrambled Eggs Sausage, Bacon or Ham Potatoes Assorted Beverages	<i>Breakfast</i> Assorted Hot or Cold Cereal Scrambled Eggs Biscuit & Sausage Gravy Assorted Beverages	<i>Breakfast</i> Assorted Hot or Cold Cereal Scrambled Eggs Sausage, Bacon or Ham Pancakes, French Toast or Waffle Assorted Beverages	<i>Breakfast</i> Assorted Hot or Cold Cereal Scrambled Eggs Sausage, Bacon or Ham Cinnamon Roll Assorted Beverages
<i>Lunch</i> Chicken Marsala Wild Rice Pilaf Seasoned Spinach Biscuit Pumpkin Cheesecake Assorted Beverages	<i>Lunch</i> Tuna Noodle Casserole Parmesan Baked Tomatoes Corn Bread Tropical Fruit Cup Assorted Beverages	<i>Lunch</i> Baked Ham Scalloped Potatoes Seasoned Greens Corn Bread Seasoned Fresh Fruit Assorted Beverages	<i>Lunch</i> Spaghetti with Meat Sauce Tossed Salad Garlic Bread Apple Crisp Assorted Beverages	<i>Lunch</i> Crispy Fried Chicken Macaroni & Cheese Garlic Green Beans Corn Bread Fruit Cobbler Assorted Beverages	<i>Lunch</i> Beef Taco Casserole Corn with Red Peppers Biscuit Mandarin Oranges Assorted Beverages	<i>Lunch</i> Fried Shrimp Squash Casserole Grilled Vegetables Hush Puppies Pineapple with Whipped Topping Assorted Beverages
<i>Dinner</i> Tomato Soup Grilled Pimento Cheese Sandwich Breaded Vegetable Sticks Cinnamon Baked Apples Assorted Beverages	<i>Dinner</i> Beef Stew with Potato & Vegetables Corn Bread Cinnamon Pears Assorted Beverages	<i>Dinner</i> Vegetable Soup Grilled Chicken Breast Sandwich with Lettuce & Tomato Cookie Assorted Beverages	<i>Dinner</i> Herb Baked Fish Mashed Sweet Potatoes Brussels Sprouts Biscuit Citrus Fruit Cup Assorted Beverages	<i>Dinner</i> Smothered Pork Chop Rice Turnip Greens Corn Bread Fresh Fruit Cup Assorted Beverages	<i>Dinner</i> Sliced Turkey with Gravy Corn Bread Stuffing California Vegetables Biscuit Sweet Potato Pie Assorted Beverages	<i>Dinner</i> Cheese Tortellini with Marinara Sauce Tossed Salad Garlic Breadstick Chocolate Cake Assorted Beverages