

# SOUTHERN FLARE

FALL/WINTER MENU 4TH WEEK 2020-2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>
Assorted Hot or Cold Cereal Breakfast Casserole Biscuit Assorted Beverages	Assorted Hot or Cold Cereal Scrambled Eggs Breakfast Ham Red Eye Gravy Biscuit Assorted Beverages	Assorted Hot or Cold Cereal Scrambled Eggs Sausage, Bacon or Ham Pancakes, French Toast or Waffle Assorted Beverages	Assorted Hot or Cold Cereal Scrambled Eggs Sausage, Bacon or Ham Potatoes Assorted Beverages	Assorted Hot or Cold Cereal Bacon, Egg & Cheese Biscuit Assorted Beverages	Assorted Hot or Cold Cereal Scrambled Eggs Sausage, Bacon or Ham Pancakes, French Toast or Waffle Assorted Beverages	Assorted Hot or Cold Cereal Scrambled Eggs Sausage, Bacon or Ham Assorted Muffins Assorted Beverages
<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>
Garlic Herb Pork Tenderloin Corn Bread Stuffing Brussels Sprouts Biscuit Cheesecake Assorted Beverages	Beef Stroganoff Buttered Noodles Steamed Carrots Biscuit Red Velvet Cake Assorted Beverages	Turkey Pot Pie Seasoned Beets Biscuit Cookie Assorted Beverages	Three Bean Chili Corn Bread Fruit Crisp Assorted Beverages	Shepherd's Pie Green Peas Biscuit Pudding Parfait Assorted Beverages	Baked Fish Fillet Roasted Potatoes Sautéed Zucchini & Squash Corn Bread Tropical Fruit Cup Assorted Beverages	Chicken Bog Capri Vegetables Biscuit Fruit Crisp Assorted Beverages
<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>
Chicken & Dumplings Garden Salad Corn Bread Mixed Berry Cup Parfait Assorted Beverages	Vegetable Soup Tuna Salad Croissant with Lettuce & Tomato Marinated Cucumber & Onions Mandarin Oranges Assorted Beverages	Hamburger Casserole Italian Vegetables Corn Bread Seasonal Fresh Fruit Assorted Beverages	Tomato Soup Grilled Ham & Cheese Sandwich Breaded Vegetable Sticks Cinnamon Baked Apples Assorted Beverages	Turkey Tetrazzini with Noodles Mixed Vegetables Corn Bread Fresh Fruit Cup Assorted Beverages	Chefs Choice Meal and Dessert Assorted Beverages	Crab Cakes Corn Mixed Greens Salad Hush Puppies Citrus Fruit Cup Assorted Beverages