

# SOUTHERN FLARE

FALL/WINTER MENU 5TH WEEK 2020-2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>
Assorted Hot or Cold Cereal Breakfast Casserole Biscuit Assorted Beverages	Assorted Hot or Cold Cereal Scrambled Eggs Breakfast Ham Red Eye Gravy Biscuit Assorted Beverages	Assorted Hot or Cold Cereal Scrambled Eggs Sausage, Bacon or Ham Pancakes, French Toast or Waffle Assorted Beverages	Assorted Hot or Cold Cereal Scrambled Eggs Sausage, Bacon or Ham Potatoes Assorted Beverages	Assorted Hot or Cold Cereal Scrambled Eggs Biscuit & Sausage Gravy Assorted Beverages	Assorted Hot or Cold Cereal Scrambled Eggs Sausage, Bacon or Ham Pancakes, French Toast or Waffle Assorted Beverages	Assorted Hot or Cold Cereal Scrambled Eggs Sausage, Bacon or Ham Cinnamon Roll Assorted Beverages
<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>
Beef Burgandy Buttered Noodles Steamed Carrots Biscuit Mixed Berries Assorted Beverages	Pork Fried Rice Oriental Vegetables Egg Roll Cinnamon Pears Assorted Beverages	Fried Chicken Macaroni & Cheese Turnip Greens Corn Bread Chocolate Brownie Assorted Beverages	Baked Ham Roasted Root Vegetables Parslied Cauliflower Biscuit Fruit Pie Assorted Beverages	Salisbury Steak Herbed Rice Pilaf Sautéed Mushrooms Corn Bread Banana Pudding Assorted Beverages	Fried Fish Potato Wedges Grilled Vegetables Hush Puppies Lemon Cake Assorted Beverages	Italian Chicken Pasta California Vegetables Garlic Bread Pumpkin Cheesecake Assorted Beverages
<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>
Shepherds Turkey Pie Green Beans Corn Bread Fruit Crisp Assorted Beverages	Hamburger with Lettuce & Tomato Marinated Cucumber & Onions Cookie Assorted Beverages	Tuna Croquettes Sweet Potato Fries Grilled Vegetables Hush Puppies Citrus Fruit Cup Assorted Beverages	Cheese Tortellini with Marinara Sauce Italian Vegetables Garlic Breadstick Fresh Fruit Assorted Beverages	Grilled Chicken Breast Sandwich with Lettuce & Tomato Breaded Vegetable Sticks Mixed Berries Assorted Beverages	Pepperoni Pizza Baked Breaded Zucchini Sticks Tossed Salad Fresh Fruit Cup Assorted Beverages	Sloppy Joe on a Bun Tater Tots Corn Seasonal Fresh Fruit Assorted Beverages