

# SOUTHERN FLARE

FALL/WINTER MENU 2ND WEEK 2020-2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Breakfast</i> Assorted Hot or Cold Cereal Breakfast Casserole Biscuit Assorted Beverages	<i>Breakfast</i> Assorted Hot or Cold Cereal Scrambled Eggs Breakfast Ham Red Eye Gravy Biscuit Assorted Beverages	<i>Breakfast</i> Assorted Hot or Cold Cereal Sausage, Bacon or Ham Pancakes, French Toast or Waffle Assorted Beverages	<i>Breakfast</i> Assorted Hot or Cold Cereal Scrambled Eggs Corned Beef Hash Biscuit Assorted Beverages	<i>Breakfast</i> Assorted Hot or Cold Cereal Sausage, Egg, Cheese Biscuit Fresh Fruit Assorted Beverages	<i>Breakfast</i> Assorted Hot or Cold Cereal Sausage, Bacon or Ham Pancakes, French Toast or Waffle Assorted Beverages	<i>Breakfast</i> Assorted Hot or Cold Cereal Scrambled Eggs Sausage, Bacon or Ham Biscuit Assorted Beverages
<i>Lunch</i> Pot Roast With Gravy Whipped Potatoes Steamed Carrots Biscuit Red Velvet Cake Assorted Beverages	<i>Lunch</i> Ravioli with Marinara Sauce Italian Flat Beans Garlic Breadstick Chocolate Mousse Assorted Beverages	<i>Lunch</i> Meatloaf Creamed Corn Capri Blend Vegetable Biscuit Carrot Cake Assorted Beverages	<i>Lunch</i> Baked Pork Chop Baked Sweet Potato California Vegetables Corn Bread Pumpkin Pie Assorted Beverages	<i>Lunch</i> Chicken & Waffles Succotash Seasoned Greens Fresh Fruit Assorted Beverages	<i>Lunch</i> Baked Fish Fillet Cauliflower Au Gratin Roasted Vegetables Biscuit Lemon Bar Assorted Beverages	<i>Lunch</i> Apple Glazed Roast Pork Garlic Mashed Potatoes Green Beans Corn Bread Fresh Fruit Assorted Beverages
<i>Dinner</i> Pinto Beans Turnip Greens Corn Bread Mixed Berry Fruit Cup Parfait Assorted Beverages	<i>Dinner</i> Shrimp Creole Steamed Rice Grilled Vegetables Corn Bread Citrus Fruit Cup Assorted Beverages	<i>Dinner</i> Tomato Soup Grilled Ham & Cheese Sandwich Marinated Cucumbers & Onions Cinnamon Pears Assorted Beverages	<i>Dinner</i> Tuna Croquettes Baked Tomato Biscuit Pineapple with Whipped Topping Assorted Beverages	<i>Dinner</i> Vegetable Stir Fry Oriental Vegetables Egg Roll Coconut Macaroons Assorted Beverages	<i>Dinner</i> Turkey Pot Pie Pickled Beets Corn Bread Fresh Fruit Assorted Beverages	<i>Dinner</i> Hamburger Casserole Steamed Squash Biscuit Cookie Assorted Beverages