

# SOUTHERN FLARE

SPRING/SUMMER MENU 1ST WEEK 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>
Assorted Hot or Cold Cereal Breakfast Casserole Biscuit Assorted Beverages	Assorted Hot or Cold Cereal Scrambled Eggs Breakfast Ham Red Eye Gravy Biscuit Assorted Beverages	Assorted Hot or Cold Cereal Scrambled Eggs Sausage, Bacon or Ham Pancakes, French Toast or Waffle Assorted Beverages	Assorted Hot or Cold Cereal Scrambled Eggs Sausage, Bacon or Ham Potatoes Assorted Beverages	Assorted Hot or Cold Cereal Scrambled Eggs Biscuit & Sausage Gravy Assorted Beverages	Assorted Hot or Cold Cereal Scrambled Eggs Sausage, Bacon or Ham Pancakes, French Toast or Waffle Assorted Beverages	Assorted Hot or Cold Cereal Scrambled Eggs Sausage, Bacon or Ham Cinnamon Roll Assorted Beverages
<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>
Low Country Boil Potatoes & Corn Southern Bread Mandarin Orange Fluff Assorted Beverages	Beef Taco Casserole Corn w/Red Peppers Southern Bread Citrus Fruit Cup Assorted Beverages	Grilled Ham & Cheese Sandwich Vegetable Sticks Mixed Salad w/ Dressing Pineapple Upside Down Cake Assorted Beverages	Fried Chicken Macaroni & Cheese Southern Bread Fresh Melon Cup Assorted Beverages	Baked Pork Chop Sweet Potato Nuggets California Vegetables Southern Bread Fruit Pie Assorted Beverages	Baked Fish Filet Wild Rice Grilled Vegetables Southern Bread Frosted Lemon Cake Assorted Beverages	Turkey BLT Sandwich Vegetable Sticks Creamy Cucumber Salad Ice Cream Assorted Beverages
<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>
Turkey Chef Salad Salad Dressing Italian Pasta Salad Southern Bread Baked Cookie Assorted Beverages	Egg Casserole Hash Brown Potatoes Assorted Breakfast Breads Mixed Berries Assorted Beverages	Shrimp & Grits Parmesan Baked Tomatoes Southern Bread Tropical Fruit Cup Assorted Beverages	Hamburger with Lettuce & Tomato Breaded Mushrooms Marinated Cucumber & Onions Chocolate Brownie Assorted Beverages	Salad Trio Pickled Beets Southern Bread Strawberry Parfait Assorted Beverages	Country Fried Steak w/Country Gravy Whipped Potatoes French Green Beans Southern Bread Fresh Fruit Cup Assorted Beverages	BBQ Pulled Pork Baked Beans Cole Slaw Southern Bread Fresh Fruit Assorted Beverages

# SOUTHERN FLARE

SPRING/SUMMER MENU 2ND WEEK 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>
Assorted Hot or Cold Cereal Breakfast Casserole Biscuit Assorted Beverages	Assorted Hot or Cold Cereal Scrambled Eggs Breakfast Ham Red Eye Gravy Biscuit Assorted Beverages	Assorted Hot or Cold Cereal Scrambled Eggs Sausage, Bacon or Ham Pancakes, French Toast or Waffle Assorted Beverages	Assorted Hot or Cold Cereal Scrambled Eggs Corned Beef Hash Biscuit Assorted Beverages	Assorted Hot or Cold Cereal Sausage, Egg & Cheese Biscuit Assorted Beverages	Assorted Hot or Cold Cereal Scrambled Eggs Sausage, Bacon or Ham Pancakes, French Toast or Waffle Assorted Beverages	Assorted Hot or Cold Cereal Scrambled Eggs Sausage, Bacon or Ham Biscuit Assorted Beverages
<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>
Salisbury Steak Mashed Potatoes Steamed Carrots Southern Bread Fruit Pie Assorted Beverages	Roast Chicken Pinto Beans Seasoned Greens Southern Bread Black Forest Cake Assorted Beverages	Hamburger Casserole Italian Vegetables Southern Bread Fruit Crisp Assorted Beverages	Garlic Herb Pork Tenderloin Wild Rice Pilaf California Vegetables Southern Bread Scalloped Peaches Assorted Beverages	Chicken & Waffles Sautéed Spinach Seasonal Fresh Fruit Assorted Beverages	Fried Fish Cheese Grits Stewed Okra & Tomatoes Southern Bread Citrus Fruit Cup Assorted Beverages	Baked Ham Macaroni & Cheese Collard Greens Southern Bread Strawberry Shortcake Assorted Beverages
<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>
Vegetable Pasta Primavera Caesar Salad Garlic Bread Stick Mixed Berry Parfait Assorted Beverages	Fish Stew Southern Bread Citrus Fruit Cup Assorted Beverages	Turkey Club Sandwich Sweet Potato Fries Marinated Cucumber Salad Fresh Fruit Assorted Beverages	Tuna Salad & Veggie Cold Plate Marinated Tomato Salad Southern Bread Lemon Bar Assorted Beverages	Grilled Cheese Sandwich Vegetable Sticks Tossed Salad Sherbert Assorted Beverages	Sliced Turkey & Gravy Cornbread Stuffing Roasted Root Vegetables Southern Bread Fruit Cobbler Assorted Beverages	Hamburger Steak with Gravy Mashed Potatoes Mixed Vegetables Southern Bread Fresh Fruit Assorted Beverages

# SOUTHERN FLARE

SPRING/SUMMER MENU 3RD WEEK 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Breakfast</i> Assorted Hot or Cold Cereal Breakfast Casserole Biscuit Assorted Beverages	<i>Breakfast</i> Assorted Hot or Cold Cereal Scrambled Eggs Breakfast Ham Red Eye Gravy Biscuit Assorted Beverages	<i>Breakfast</i> Assorted Hot or Cold Cereal Scrambled Eggs Sausage, Bacon or Ham Pancakes, French Toast or Waffle Assorted Beverages	<i>Breakfast</i> Assorted Hot or Cold Cereal Scrambled Eggs Sausage, Bacon or Ham Potatoes Assorted Beverages	<i>Breakfast</i> Assorted Hot or Cold Cereal Scrambled Eggs Biscuit & Sausage Gravy Assorted Beverages	<i>Breakfast</i> Assorted Hot or Cold Cereal Scrambled Eggs Sausage, Bacon or Ham Pancakes, French Toast or Waffle Assorted Beverages	<i>Breakfast</i> Assorted Hot or Cold Cereal Scrambled Eggs Sausage, Bacon or Ham Cinnamon Roll Assorted Beverages
<i>Lunch</i> Fettuccine Chicken Alfredo Steamed Broccoli Garlic Bread Stick Lemon Delight Assorted Beverages	<i>Lunch</i> Tuna Croquettes Corn O'brien Grilled Vegetables Southern Bread Pineapple with Whipped Topping Assorted Beverages	<i>Lunch</i> Smothered Pork Chop Rice Buttered Carrots & Green Beans Southern Bread Peach Cobbler Assorted Beverages	<i>Lunch</i> Hamburger Patty Baked Sweet Potato Roasted Vegetables Southern Bread Fresh Fruit Cup Assorted Beverages	<i>Lunch</i> Southern Fried Chicken Macaroni Salad Cherry Tomatoes Southern Bread Seasonal Fruit Assorted Beverages	<i>Lunch</i> Baked Fish Filet Fried Okra Zucchini & Squash Southern Bread Tropical Fruit Cup Assorted Beverages	<i>Lunch</i> Hamburger Steak with Gravy Whipped Potatoes Glazed Carrots Southern Bread Chocolate Brownie Assorted Beverages
<i>Dinner</i> Quiche Spinach Salad with Bacon Southern Bread Mixed Berries Assorted Beverages	<i>Dinner</i> Sloppy Joe on Bun Tater Tots Fresh Baked Cookie Assorted Beverages	<i>Dinner</i> Salad Trio Pickled Beets Southern Bread Strawberry Parfait Assorted Beverages	<i>Dinner</i> Chef Salad Vegetable Pasta Primavera Southern Bread Lemon Meringue Pie Assorted Beverages	<i>Dinner</i> Pulled Pork Baked Beans Cole Slaw Southern Bread Ice Cream Assorted Beverages	<i>Dinner</i> Grilled Chicken Sandwich Lettuce & Tomato Sweet Potato Fries California Vegetables Fresh Fruit Assorted Beverages	<i>Dinner</i> Cheese Pizza Caesar Salad Fresh Fruit Cup Assorted Beverages

# SOUTHERN FLARE

SPRING/SUMMER MENU 4TH WEEK 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Breakfast</i> Assorted Hot or Cold Cereal Breakfast Casserole Biscuit Assorted Beverages	<i>Breakfast</i> Assorted Hot or Cold Cereal Scrambled Eggs Breakfast Ham Red Eye Gravy Biscuit Assorted Beverages	<i>Breakfast</i> Assorted Hot or Cold Cereal Scrambled Eggs Sausage, Bacon or Ham Pancakes, French Toast or Waffle Assorted Beverages	<i>Breakfast</i> Assorted Hot or Cold Cereal Scrambled Eggs Sausage, Bacon or Ham Potatoes Assorted Beverages	<i>Breakfast</i> Assorted Hot or Cold Cereal Bacon, Egg & Cheese Biscuit Assorted Beverages	<i>Breakfast</i> Assorted Hot or Cold Cereal Scrambled Eggs Sausage, Bacon or Ham Pancakes, French Toast or Waffle Assorted Beverages	<i>Breakfast</i> Assorted Hot or Cold Cereal Scrambled Eggs Sausage, Bacon or Ham Biscuit Assorted Beverages
<i>Lunch</i> Honey Thyme Pork Tenderloin Roasted Potatoes Brussels Sprouts Southern Bread Peach Pie Assorted Beverages	<i>Lunch</i> Spaghetti with Meat Sauce Italian Vegetables Garlic Breadstick Marble Cake Assorted Beverages	<i>Lunch</i> Fried Chicken Succotash Vegetables Mixed Salad w/ Dressing Southern Bread Fresh Melon Cup Assorted Beverages	<i>Lunch</i> Vegetable Stir Fry with Rice Oriental Vegetable Egg Roll Coconut Mousse Assorted Beverages	<i>Lunch</i> Hamburger with Lettuce & Tomato Garden Salad Seasonal Fresh Fruit Assorted Beverages	<i>Lunch</i> Fried Fish Parmesan Potatoes Green Peas Southern Bread Pineapple with Whipped Topping Assorted Beverages	<i>Lunch</i> Shepherds Turkey Pie California Vegetables Southern Bread Fresh Baked Cookie Assorted Beverages
<i>Dinner</i> Chicken Salad Croissant Lettuce & Tomato Pickled Beets Mandarin Orange Fluff Assorted Beverages	<i>Dinner</i> Shrimp & Grits Okra Southern Bread Citrus Fruit Cup Assorted Beverages	<i>Dinner</i> Hamburger Patty Scalloped Potato Dill Carrots Southern Bread Fruit Cobbler Assorted Beverages	<i>Dinner</i> Boneless Baked Porkchop Pinto Beans Collard Greens Southern Bread Sliced Peaches Assorted Beverages	<i>Dinner</i> Roast Chicken Yellow Rice Steamed Broccoli Southern Bread Ice Cream Assorted Beverages	<i>Dinner</i> Grilled Cheese Sandwich Vegetable Sticks Mixed Berry Parfait Assorted Beverages	<i>Dinner</i> Low Country Boil Potatoes & Corn Southern Bread Tropical Fruit Cup Assorted Beverages

# SOUTHERN FLARE

SPRING/SUMMER MENU 5TH WEEK 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Breakfast</i> Assorted Hot or Cold Cereal Breakfast Casserole Biscuit Assorted Beverages	<i>Breakfast</i> Assorted Hot or Cold Cereal Scrambled Eggs Breakfast Ham Red Eye Gravy Biscuit Assorted Beverages	<i>Breakfast</i> Assorted Hot or Cold Cereal Scrambled Eggs Sausage, Bacon or Ham Pancakes, French Toast or Waffle Assorted Beverages	<i>Breakfast</i> Assorted Hot or Cold Cereal Scrambled Eggs Sausage, Bacon or Ham Potatoes Assorted Beverages	<i>Breakfast</i> Assorted Hot or Cold Cereal Scrambled Eggs Biscuit & Sausage Gravy Assorted Beverages	<i>Breakfast</i> Assorted Hot or Cold Cereal Scrambled Eggs Sausage, Bacon or Ham Pancakes, French Toast or Waffle Assorted Beverages	<i>Breakfast</i> Assorted Hot or Cold Cereal Scrambled Eggs Sausage, Bacon or Ham Cinnamon Roll Assorted Beverages
<i>Lunch</i> Hamburger Steak with Gravy Garlic Mashed Potatoes Mixed Salad Southern Bread Red Velvet Cake	<i>Lunch</i> Baked Ham with Pineapple Glaze Buttered Orzo Brussels Sprouts Southern Bread Cheesecake Assorted Beverages	<i>Lunch</i> Turkey Chef Salad Vegetable Pasta Primavera Southern Bread Fresh Baked Cookie Assorted Beverages	<i>Lunch</i> Smothered Pork Chop Steamed Rice Turnip Greens Southern Bread Peaches & Cream Assorted Beverages	<i>Lunch</i> Baked Fish Filet Rosemary Potatoes Grilled Vegetables Southern Bread Lemon Bar Assorted Beverages	<i>Lunch</i> Baked Cheese Ziti with Marinara Italian Vegetables Garlic Bread Yellow Cake with Frosting Assorted Beverages	<i>Lunch</i> BBQ Chicken Potato Salad Cucumber, Tomato & Onion Salad Southern Bread Fresh Fruit Assorted Beverages
<i>Dinner</i> Chicken & Rice Lemon Pepper Steamed Broccoli Southern Bread Strawberry Cup Assorted Beverages	<i>Dinner</i> Omelet Potatoes Grits Assorted Breakfast Breads Mixed Berries Assorted Beverages	<i>Dinner</i> Tuna Croquettes Fried Okra California Vegetables Southern Bread Citrus Fruit Cup Assorted Beverages	<i>Dinner</i> Sloppy Joe on Bun Baked Beans Corn Assorted Ice Cream Assorted Beverages	<i>Dinner</i> Fried Chicken Livers Yellow Rice Seasoned Greens Southern Bread Fresh Fruit Cup Assorted Beverages	<i>Dinner</i> Shaved Pork Sandwich Sweet Potato Fries Coleslaw Cinnamon Baked Apples Assorted Beverages	<i>Dinner</i> Hamburger Casserole Tossed Salad Southern Bread Fruit Pie Assorted Beverages